



Agenda: Training workshop for teaching staff & administrative staff Enhancing a Sense of Belonging in Higher Education

23 – 25 May 2023

University of Applied Sciences Upper Austria, Linz Campus, Building D

Overall, the workshop aims to provide insights that will help participants to create an inclusive learning atmosphere where all students feel that their inputs are valued and welcome.

Tuesday, 23 May

- 9:00** Check-in and coffee
Feed-in: What do you want to learn in the training?
What questions do you bring for the day?
- 10:00** Welcome, getting to know each other
- 11:00** Groupwork/interactive exercises on the theoretical framing of the training:
Othering, stereotype threat, unconscious bias
- 12:30** Lunch break, gallery walk
- 13:30** Walk and talk: experiences with students' sense of belonging
- 14:00** Input and practice transfer on creating an empathetic learning environment
- 16:00 – 17:00** Check-out, collection of cases and formation of the peer consulting groups for the next day
- Optional (evening)** City walk followed by a dinner at restaurant "[Keintzel](#)" (Rathausgasse 8, 4020 Linz)
– please register: <https://nuudel.digitalcourage.de/tdLgWFCOdGJ63HtG>

Wednesday, 24 May

- 09:00** Check in, coffee and gallery walk
- 10:00** Three parallel workshops (choose two out of three):
- Outcomes of an international survey on students' sense of belonging
 - Design and implementation of a community building course for beginner students
 - Web-based support for beginner students
- 12:30** Lunch break
- 13:30** Peer consulting groups: joint discussion of challenging incidents (based on participants' input/cases)
- 16:00 – 17:00** Check-out
- Optional (evening)** Dinner at restaurant "[Zur Liesl](#)" (Peter-Behrens-Platz 1, 4020 Linz)

Thursday, 25 May

- 09:00** Check-in, coffee and gallery walk
- 10:00** Resilience self-assessment and support measures on resilience, wellbeing, self-compassion, procrastination, mindfulness
- 12:30** Feedback and learnings
- 13:00 – 14:30** Lunch and check-out



After the training participants should

- know and be able to discuss theories and empirical studies on belonging, othering, stereotype threat, as well as unconscious bias.
- expand reflective practice and include aspects of belonging, othering, stereotype threat, unconscious bias.
- be aware of subliminal mechanisms in their own professional everyday life (e.g. in dealing with students, colleagues and materials).
- be able to identify possible methods for supporting of a sense of belonging, and to develop the competence to be able to intervene.
- be able to develop their own concepts for the development of sense of belonging for professional practice.
- be able to contribute to the shaping of an inclusive education system.
- be able to promote the co-creation of an inclusive study environment.
- be able to perceive and take into account the needs of oneself.